# Carrot Cake Cookies

## Ingredients

- 1 cup shortening
- 3/4 cup sugar
- 1 egg
- 1 cup cooked, mashed carrots
- 1 teaspoon vanilla extract
- 2 cups all-purpose flour
- 2 teaspoons baking powder
- 1/2 teaspoon salt
- frosting or icing

## Steps

1. Beat shortening; gradually add sugar, beating until light and fluffy.
2. Add egg, carrots and vanilla, beating well after each addition.
3. Sift together dry ingredients; stir into carrot mixture and mix well.
4. Stir in chopped nuts, if using.
5. . Drop by tablespoonfuls onto greased baking sheets. Bake at 350° for about 20 minutes. Transfer cookies to racks to cool.
6. Ice cookies with Orange Icing while still warm.