Sweet Potato Fries

Ingredients

- sweet potatoes
- olive oil
- spice option 1: salt, pepper, oregano, basil, lemon
- spice option 2: cayenne, paprika, salt, cinnamon, brown sugar
- spice option 3: rosemary

Steps

1. Preheat oven to 400 F.
2. Cover cookie sheet with foil, and dribble with olive oil.
3. Slice sweet potato into thin slivers. Place on pan.
4. Add spices, bake until done (around 30 min). Remember to flip once while in oven.
5. Serve with dip.

Notes

Or bake at 450 F for 16 min.