Chai Tea

Amount ~10 cups tea
Time 1 1/2 hours

Ingredients

- 8 cups water
- 1 tsp nutmeg
- 1 tsp cloves
- 1/2 tsp allspice
- 1 1/2 tsp cinnamon
- 4 pods cardamom
- 3 inches ginger root
- 1 tsp black pepper
- 1 tsp vanilla
- 4 balls tea (matcha or black)
- 3 cups milk
- 3 tbps sugar or honey

Steps

1. Add water and all spices to a pot on the stove.
2. Bring to a boil and simmer for 30-60min.
3. Add tea and steep 5-10min.
4. Add milk and sugar, simmer for 10-20min.

Notes

Can use pretty much any tea you have on hand.