Keto Vegetable Soup

Amount 1 big crockpot full
Time 4 hours

Ingredients

- 1 chicken breast
- 1lb italian sausage
- 8oz frozen broccoli
- 1 zucchini, chopped
- 1 large onion, chopped
- 1/2 cabbage head, chopped
- 2 celery stalks, chopped
- 28 oz can crushed tomatoes
- 1 quart tomato juice or other broth
- 2-4 cups water
- 2 tsp chicken bouillon
- Salt
- Pepper
- Italian seasoning
- Marjoram
- Dried parsley

Steps

1. Put everything in big crockpot.
2. Ignore for about 4 hours.
3. Take chicken out, shred, and return to soup.
4. If sausage is in big chunks, take then out, make then smaller, and add back to soup.
5. Taste. Adjust seasonings as desired. Eat.

Notes

All measurements approximate. Good with shredded cheese on top.