Biscuits

Time 20 min

Ingredients

- 2 cups flour
- 1 tbsp baking powder
- 1 tsp salt
- 1 tbsp white sugar
- 1/4 cup butter (not melted)
- about 1/4 cup flax seed
- 1 cup milk

Steps

1. Preheat oven to 425 F.
2. Combine dry ingredients.
3. Cut in butter.
4. Stir in milk. Don't overmix.
5. Put blobs on cookie sheet or pizza stone. Bake for about 13 min.